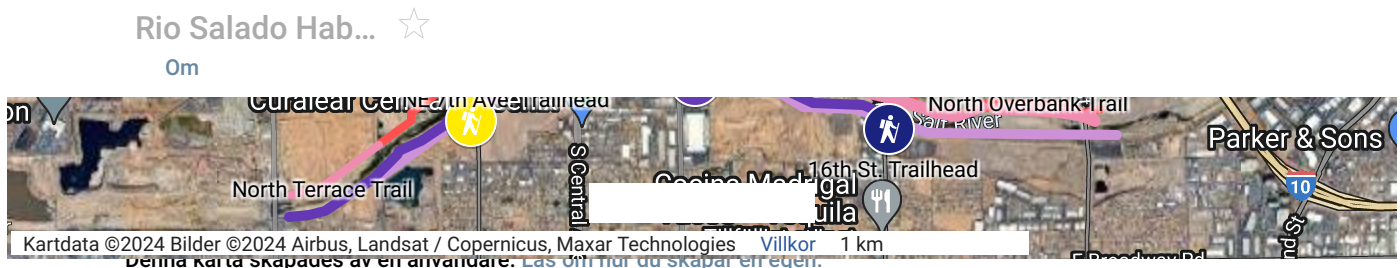


# Rio Salado Habitat Restoration Area

The Rio Salado Habitat Restoration Area aims to restore the native wetland and riparian habitats of the historic Salt River, which once flowed year-round through Phoenix.

With a variety of paved and natural trails, most with smooth surfaces and minimal elevation changes, Rio Salado is a popular location for hikers hoping to spot one of the hundreds of species of birds that use the area as a seasonal migratory path.

To protect the delicate ecosystem, we ask that special care be taken when visiting Rio Salado. We ask that visitors remain on designated trails; keep dogs leashed and on paved trails; refrain from disturbing the wildlife; and that nothing be taken or moved from the habitat area. Additionally, fishing is strictly prohibited.



## Trail Map & Descriptions

### Trailheads:

#### **NE 7th Ave. Trailhead**

**2801 S. 7th Ave.**

## NE Central Ave. Trailhead

**2439 S. Central Ave.**

## SE Central Ave. Trailhead

**3131 S. Central Ave.**

## SE 7th St. Trailhead

**\*\*\*TRAILHEAD CLOSED\*\*\***

**2875 S. 7th St.**

## SW 7th Ave. Trailhead

**3212 S. 7th Ave.**

## 16th St. Trailhead

**3203 S. 16th St.**

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### Trailhead & Trail Hours:

**Sunrise** to 7 p.m. or **Sunset**, whichever comes first.

Phoenix, AZ

88°

6:09  
am  
MST

Mostly  
cloudy

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[Register for Hikes and Outdoor Nature Programs](#)

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### Contact Information:

**Ranger Office:**

602-262-6863

**Natural Resources Office****(Business Hours Only):**

602-495-5458

**Contact Natural Resource staff regarding resource management at desert preserves**  
or call 602-261-8318



Review **"Take a Hike. Do it Right."** guidelines before visiting the trail. The symbol to the right of each trail name represents the **difficulty rating.**

# Trails Rating Guide

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easiest



**Surface:** Minimal elevation change over, accessible, paved or hard footing.

**Obstacles:** None

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easy



**Surface:** Slight elevation change over minimally uneven footing.

**Obstacles:** 2" or less; rocks and ruts.

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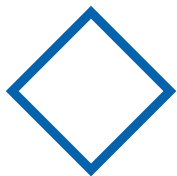
moderate



**Surface:** Elevation change over areas of uneven surfaces.

**Obstacles:** 8" or less; rocks and ruts.

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moderate/difficult



**Surface:** Elevation change over mostly uneven footing.

**Obstacles:** 12" or less; loose rocks, ruts, and possible drops.

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**Surface:** Large elevation

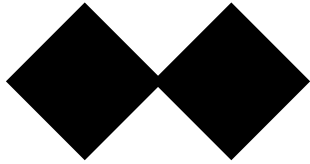


difficult



change over mostly uneven footing.

**Obstacles:** 12" or greater; loose rocks, ruts, and drops.



extremely difficult



**Surface:** Maximum elevation change over extremely uneven footing.

**Obstacles:** 12" or greater; loose rocks, ruts, large drops, and increased exposure to the elements.

*\*Add an additional level of difficulty when the temperature is in the triple digits.*

## Nina Mason Pulliam Rio Salado Audubon Center

Audubon Center

Birds of Rio Salado

### Educational Field Trips

The Rio Salado Habitat Restoration Area is a great resource for educators; providing students a hands on opportunity to explore a riparian habitat that is renown with ornithologists and wildlife photographers. Our knowledgeable Park Rangers can create tailored educational opportunities for your group. To inquire about coordinating a field trip, call 602-262-6863 or **E-mail the Rio Salado Habitat Restoration Area Park Rangers.**



