



Traditional Garden

NATIVE HEALTH has partnered with **KeepPhoenixBeautiful** (<http://www.keepphxbeautiful.org>) for its nationally acclaimed urban American Indian Traditional Garden.

The NATIVE HEALTH Traditional Garden is located within the KeepPhoenixBeautiful Garden at Pierson Street, 1822 West Pierson Street in Phoenix. The Traditional Garden uses traditional Akimel O’odham flood canal irrigation and Pueblo Zuni waffle beds for growing traditional crops.



(/wp-content/uploads/2019/10/IMG-9435.jpg)

Traditional Garden Goals

NATIVE HEALTH’s nationally acclaimed urban Traditional Garden provides opportunities for the urban Indigenous community to:

- Experience hands on learning through garden or cultural workshops
- Have increased access to gathered and harvested produce
- Reconnection to their ancestral relationship to the land

About the Garden

The Traditional Garden is based on indigenous agriculture techniques, including Akimel O'odham canal irrigation, Zuni waffle beds, and Diné dry farming. At the Garden, we focus on growing traditional, indigenous, and desert-adapted plants. This includes corn, beans, squash, gourds, peppers, sunflowers, melons, and medicinal plants. The Traditional Garden has provided community members with over 2,400 pounds of produce, such as Apache giant squash, Diné blue corn, Tohono O'odham melons, and much more!

The Traditional Garden provides interactive learning opportunities for all ages, including workshops, youth clubs, pick-your-own events, monthly community workdays, and more. Over 60 families are active in garden events. There are over 50 individuals enrolled in the At-Home Garden Warriors Program who have been supplied with a grow bag, soil, seeds, plants, and a garden manual.

How to Get Involved

Keep an eye on NATIVE HEALTH's social media pages for upcoming Garden events. Community Workdays are on the second Saturday of each month, 8:00 a.m.-10:00 a.m. In addition, the Garden Coordinator will be present in the garden, 8:00 a.m. to 12:00 p.m., Monday through Friday. Stop by and get involved. Please park at the 19th Avenue and Camelback Avenue Park and Ride, just north of the Garden and enter through the KeepPhoenixBeautiful gate.

For more information email: gbegay@nachci.com (mailto:gbegay@nachci.com)



TRADITIONAL GARDEN

We are here to help

NATIVE HEALTH is here to provide high quality, patient-centered medical, dental, behavioral health, WIC and wellness programs when you need us.

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NATIVE HEALTH received the HRSA Patient Centered Medical Home badge. Community Health Quality Recognition badges recognize Health Center Program awardees that have made notable quality improvement achievements.



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F: (602) 279-5361

NATIVE HEALTH Mesa

777 West Southern Ave.

Mesa, AZ 85210

P: (602) 279-5262 (tel:(602) 279-5262)

F: (480) 264-5222

Services

Make an appointment (<https://www.nativehealthphoenix.org/services/make-an-appointment/>)

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Our services (<https://www.nativehealthphoenix.org/services/>)



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